

10 WISE SAYINGS

WEEK 1

Nature never hurries and yet everything is accomplished in time. (Lao Tzu)

WEEK 2

Love as much as you can, give all that you have and always forgive.

WEEK 3

Life is not about holding a good hand. Life is about playing a poor hand well.

WEEK 4

*Learn to stop and you will learn stability and once stable you will learn to rest, in rest you will learn serenity, in serenity you will learn to reflect and through reflection you will succeed.
(Tseng-Tzu)*

WEEK 5

You can only know the best of yourself through awareness of the best in others. (Francois Cheng)

WEEK 6

*If there is one word that can guide the action of the whole of life, that word would be consideration.....do not act towards others as you would not wish others to act towards you.
(Confucius)*

WEEK 7

Success is to laugh often and much, to appreciate beauty and always find the best in other people.

WEEK 8

A smart person knows what to say, a wise person knows whether or not to say it!

WEEK 9

These are the secrets of being rich...enjoy your friendships, for they are priceless. Take your time and savour it, for time itself is irreplaceable. Protect your health as a pathway to wealth and cherish love as the jewel in the crown.

WEEK 10

Expect a lot and you'll be regularly disappointed. Have no expectations at all and you'll find that life is rich and full of wonderful surprises. (Paul Wilson)